

General Anesthesia

1. **Diet:** DO NOT EAT OR DRINK ON THE DAY OF SURGERY. STOP EATING AND DRINKING AT MIDNIGHT THE NIGHT BEFORE YOUR SURGERY. THIS INCLUDES WATER, GUM, MINTS, LOZENGES, ETC.
2. **Escort:** Children under age 18 must have a parent or guardian legally authorized to sign consent and remain at the surgical center during the surgery. All patients will need a ride as they must not drive for 24 hours after general anesthesia.
3. **Clothing:** Wear comfortable clothing with short sleeved blouse or shirt. Wear low heeled shoes.
4. **Cold/Flu Symptoms:** If you develop cold or flu symptoms prior to surgery, please contact our office.
5. **Marijuana:** Use of marijuana slows digestion and increases the risk of aspiration. Refrain from the use of marijuana for at least twenty-four hours before surgery.
6. **Other:** Diabetics, small children, pregnant or nursing mothers, and patient with any significant medical conditions should contact us prior to surgery for special instructions.

Prescriptions

1. **Antibiotic:** If you were prescribed an antibiotic, please follow the instructions on the bottle and start taking it the day prior to surgery unless directed otherwise.
2. **Mouth Rinse:** For most extractions and/or implants, doctor will prescribe a Dexamethasone mouth rinse. This is to help reduce inflammation and keep your mouth comfortable after surgery. Rinse with 1 tsp of the solution three times a day, as needed.
3. **Pain Medication:** This will be for after the surgery. Non-narcotics will be prescribed prior to surgery and narcotics, if needed, will be sent on the day of surgery.

Pre-Operative Instructions

1. **Brushing:** You will be given a toothbrush and a tongue scraper. Please brush thoroughly and use the tongue scraper for three days to minimize bacteria prior to surgery.
2. **Mouth Rinse:** If you have a preferred mouth rinse, we encourage you to use that as well. We suggest something that is non-alcoholic. We DO NOT suggest using hydrogen peroxide orally.
3. **Upon Arrival:** On your day of surgery, we will give you a toothbrush to brush immediately prior to surgery to brush your teeth and tongue.
4. **Post-Op Care Instructions:** Will be given to you on the day of surgery.